

UNITE
FOR
GOOD

Rotary
District 3141



LETS
INSPIRE

AASHAYEIN

4th week January 2026

ROTARY CLUB OF MUMBAI SHER- E- PUNJAB

WEEKLY NEWSLETTER

VOLUME 29

4TH WEEK JANUARY 2026

VOCATIONAL SERVICE MONTH

ROTARY REFLECTIONS:
VOICES OF THE WHEEL



Rotary
Club of Mumbai
Sher-e-Punjab

Reflections from My Rotary Journey



Rtn. Kiran Srivasatava

As Albert Einstein rightly said, “Only a life lived for others is a life worthwhile.” This simple yet profound thought has stayed with me and, over the years, has shaped the way I view purpose, service, and fulfilment.

For me, the beginning was almost accidental. A casual conversation with my dear friend Surjit Ahluwalia—an active and committed Rotarian—sparked my curiosity. That conversation led me to attend a few Rotary meetings and participate in some projects. What I witnessed there left a lasting impression. I saw structured decision-making guided by the Four-Way Test, open discussions where every voice mattered, and a sincere intent to serve without expectation.

One incident that stays close to my heart was my early participation in a community outreach project. As we worked together—members from diverse backgrounds, professions, and age groups—I realised how seamlessly egos were set aside. There was no hierarchy in service. Whether it was distributing essentials, interacting with beneficiaries, or simply listening to their stories, everyone contributed with humility and compassion. That day, I felt a quiet sense of joy I had never experienced before.

Through my journey as a Rotarian, I learned one essential value that stands above all—humility. Rotary taught me that true leadership lies in listening, true service lies in empathy, and true growth lies in recognising our own imperfections. There is no space for harsh words or rigid judgments. What binds us together is the awareness of our shared shortcomings and our collective commitment to practise love, kindness, goodwill, and friendliness. In this spirit, we work not only for society, but also for nature and for all living beings.

Whenever we are given an opportunity to serve, let us come together with sincerity and purpose to make our world a better place to live in. That, I truly believe, is the real measure of our progress—not in what we accumulate, but in what we give back.

District Governor: Rtn. Manish Motwani
Club Treasurer: Rtn. Naresh Khatri

Club President: Rtn. Minishaa I Oberoi
Club Secretary: Rtn. Jotinder S Ahluwalia

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**DIVERSITY, EQUITY & INCLUSION,
COMMUNITY ECONOMIC DEVELOPMENT**



SUPPORTING EQUALITY, SPREADING DIGNITY

RCMSEP reaffirmed its commitment to Diversity, Equity, and Inclusion by organizing a Gift Card Distribution Program in support of Humsafar Trust, Kalina, on Friday, 23rd January 2026, at Smart Sahakari Bhandhar, Andheri East, where 30 beneficiaries received gift cards worth ₹1,500 each, amounting to a total project value of ₹45,000. Led by Rtn. Minishaa Oberoi and Rtn. Kiran Srivastava, the initiative promoted dignity, equality and inclusion while reflecting Rotary's core values of compassion and service towards the LGBTQ+ community.



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ENVIRONMENT

SRISHTI 2026: FASHION WITH A CONSCIENCE

RCMSEP organized SRISHTI 🏰 2026 – Fashion That Breathes Green, an eco-themed fashion show on 24th January 2026 at R.C. Maruti High School, Andheri (East), promoting environmental awareness through sustainable and recycled fashion. Led by Dr. Sunita Sharma and supported by a dedicated creative team and esteemed judges, the event saw enthusiastic student participation and powerfully conveyed that fashion can be stylish, responsible, and eco-friendly.



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4th week January 2026

BASIC EDUCATION & LITERACY

REUSED BENCHES, RENEWED LEARNING

RCMSEP supported Moreshwar Vidyalaya and Junior College, Moregaon, Nalasopara East, by facilitating the donation of 59 repurposed classroom benches from Swami Vivekanand School, Andheri East, improving seating facilities across two classrooms and benefiting approximately 374 students across two shifts. The club gratefully acknowledges Chingari Shakti Foundation for connecting with the donor school, making this sustainable initiative a meaningful reflection of Rotary's commitment to education and optimal use of resources.



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 The Happy Wheel - Fun Corner

UNSCRAMBLE THE COUNTRY

1

LIVIABO

2

KANERMD

3

RUCODAE

4

REALNDHTEN

5

GAUYRAPA

6

TILANERSWDZ


7

ZULEEVAN

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UPCOMING EVENTS

Marking 350 Shaheedi diwas of Guru tegh Bahadur ji
Gurudwara Sri Guru Nanak Darbar (Shere Punjab Andheri east) Is organising




Remembering The Martyrdom Of
Hind Di Chadar
Shri Guru Tegh Bahadur Ji
May We Live in Constant Gratitude of His Sacrifice

The Shaheedi Run
Season 2 Mini Marathon

Tribute to Late Fauja Singh Marathon runner

Entry is Free
Monday
26/01/2026
Time :- 6:00 AM



For Registration Scan QR code

Supported by
JAGGI & JAGGI MACHINE TOOLS (AMIT JAGGI)
Rotary Club of Bombay

For Enquiry :-
+91 91269 46955
+91 98332 64198
+91 98203 18839

26th Jan

organized by **HUMSAFAR TRUST**
co-organized by **YAARIYAN WEDDING RESOURCES**

Gulabi MELA

SKIP THE QUEUE
Get Gulabi Mela Passes Online
AT JUST ₹ 350 PER PERSON
ONLY TILL 25TH JANUARY



SCAN THE QR CODE OR VISIT LINK IN BIO

<https://donate.humsafar.org>

26 JANUARY 2026 Monday
3 PM TO 10 PM
Concesso Lawn, Conasso High School,
Mahakali Crosses Rd, Andheri East,
Mumbai

26th Jan

UNITE FOR GOOD Rotary District 3141 **LET'S INSPIRE!**

TWO SMART Class Rooms
at Sharada High School, Sakinaka, Mumbai
An Initiative of
Rotary Club of Bombay Metropolitan under the Urban Vocational Upliftment Program

In Collaboration With and Supported by

Club Rotary Club of Bombay Powai Rotary Club of Mumbai Sher E Punjab Rotary Club of Bombay Mid-City Rotary Club of Mumbai North Island Rotary Club of Mumbai Dahisar	President 25-26 Rtn.Anju Ahluwalia Rtn.Minishas Oberoi Rtn.Harshad Thakkar Rtn.Narendra Panani Rtn.Jayant Pawar	Club Rotary Club of Bombay Ner Rotary Club of Bombay Sea Face Rotary Club of Bombay Cosmopolis Rotary Club of Bombay Hanging Garden	President 25-26 Rtn.Nagpur Desai Rtn.Sonal Doshi Rtn.Pushkar Choudhary Rtn.Hitesh Fejdar
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Inaugurated on 27th January 2026, by
Rtn.Dr Manish Motwani, District Governor Rotary International District 3141

Francesco Arzoo RI President | Dr.Manish Motwani Dist.Governor | Rajendra Unnikrishnan Chief Project Coordinator | Ketki Neaar President RC Bombay Metropolitan

27th Jan

Rotary Club of Mumbai Sher-E-Punjab

Invites You To
BOARD OF DIRECTORS & CLUB MEETING

27th January 2026 Sher-E-Punjab Conchana 6:30 PM to 8:30 PM

Agenda:
Discussion on
Beauty Pageant – Sparkle 2026

All Members Requested to Attend!

Warm Regards,
Rtn. Minishaa I Oberoi

27th Jan

Rotary District 3141

REGISTER NOW
Drishtikon
DISCON 26

SAHARA STAR
7th & 8th FEB 2026



PAY NOW
Uppala offer of ₹17,000
50% deposit

PATRON SINGLE - 60,000 | INDIVIDUAL - 21,000 | COUPLE - 38,000
PATRON COUPLE - 75,000 | 5-8 PERSON - 20,000 | 10+ - 19,000

7th Feb

UNITE FOR GOOD Rotary District 3141 **LET'S INSPIRE!**

ROTARY CLUB OF MUMBAI SHER-E-PUNJAB
Invites you to
WALK FOR A REASON
Your Walk Can Create Awareness.
Your Presence Can Support Cancer Treatment.



Event Type:
Grand Beauty Pageant | Male & Female Participants

Age Categories:
+ 10-30 Years
+ 31-50 Years
+ 51 Years & Above

Dates:
21st & 22nd February 2026
Participation Fee: Rs.400

Contact:
Seema Bhoosheri : +91 983227035
Arun Bhoosheri : +91 9821270790
Jotinder S.Ahluwalia : +91 923292566
Swati Khatri : +91 989710576
Surjit Ahluwalia : +91 9819413228

STEP INTO THE SPOTLIGHT AT SPARKLING-ICON 2026
Complimentary Grooming & Make up session on 25th Feb

President: Rtn. Minishaa I Oberoi
Secretary Rtn. Jotinder S Ahluwalia | Treasurer: Rtn. Naresh Khatri

21st / 22nd Feb

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Vaastu Corner

By Rtn. Arun Bhoocher

(Under Guidance of Nilesh N Shah)

DIRECTIONAL VASTU DEITIES, IDEAL COLOURS, DOS & DON'TS



NORTH-WEST — VAASTU (VAYAVYA) —

 Element: Air

Represents: Movement • Communication • Relationships • Travel • Networking

DO'S

- ◆ Guest Bedroom • Living / Drawing Room
- ◆ Office (Sales, PR, Marketing)



- ◆ White • Cream • Light Grey
- ◆ Pastel Blue • Silver



- ◆ Light, Airy & Open
- ◆ Good Ventilation
- ◆ Round & Metallic Décor



DON'TS

- ◆ Kitchen • Master Bedroom
- ◆ Heavy Storage
- ◆ Overhead Water Tank



- ◆ Red • Black • Dark Blue
- ◆ Deep Yellow • Bright Green



- ◆ No Clutter



- ◆ No Blocked Corners

- ◆ No Fire Elements




QUICK VAASTU FIX

- ◆ Light Grey / White Curtains
- ◆ 6-Rod Metal Wind Chime
- ◆ Small Indoor Plant



VAASTU MANTRA

North-West should feel
Light, Flexible &
Always in Motion 



AASHAYEIN

Flavours of Fellowship

Protein Power Bowl (No Cooking)

Ingredients

- Boiled chickpeas / rajma
- Cucumber + tomato
- Boiled corn
- Paneer or tofu cubes
- Lemon juice + olive oil
- Salt & black pepper



Method

1. Toss everything together
 2. Add lemon & oil just before eating
- 💡 Add seeds like pumpkin or flax for extra nutrition

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🚩 1-Minute Chocolate Mug Cake (Super Easy)



*Recipe by :
Rtn. Monica Menon*

Fun fact:

👉 Your Protein Power Bowl digests slowly, which means it keeps you full for hours and helps prevent random snack cravings – your stomach stays happy and your fridge gets a break!

Get your recipe featured in next Aashyein Weekly Magazine!

Contact Rtn. Seema Bhoocher

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The Happy Wheel - Fun Corner

ANSWERS UNSCRAMBLE THE COUNTRY

1

SODINEAN

INDONESIA

2

MOLOBICA

COLOMBIA

3

NAMTVEI

VIETNAM

4

COCOOMR

MOROCCO

5

KOUHRO TASE

SOUTH KOREA

6

TYPGE

EGYPT

7

IPNPEIHSLIP

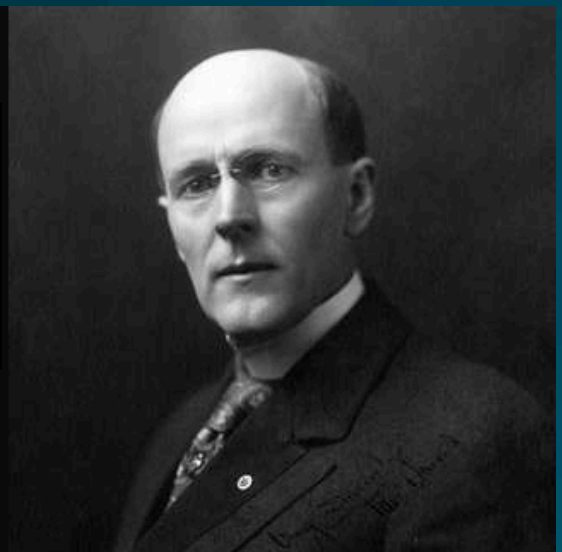
PHILIPPINES

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Quote of the Week

**Living a life of purpose is the
truest form of success.**

Paul Harris
Rotary Founder



Thank you for being a Rotarian

Aashayein Editorial Board

Rtn. Minishaa I Oberoi

Rtn. Seema Bhoocher

Rtn. Jotinder S Ahluwalia

Rtn. Aarti Jadhav

Rtn. Jasjit Bhatia

Rtn. Jasbeer Nagi